

RESERVOIR GROUP
2ND PRESBYTERIAN CHURCH
600 PLEASANT VALLEY, DR., #68
LITTLE ROCK, AR 72227

Chips recognizing early sobriety (1, 2, 3, etc. months) are given out at any meeting.

Reservoir Birthday night is the 1st Wednesday of each month at 5:30 p.m. Coins are given to recognize years of sobriety.

The Reservoir Group business meetings are posted on the board. They are always held on a Monday at 6:45 p.m.

For times and locations of other meetings, please ask for a copy of the Threshold or contact the AA Central office at 664-7303 or <http://arkansascentraloffice.org>

The Reservoir Group website can be found at <http://reservoiraa.org>

Don't Drink

And

Go to Meetings.

Let Go and Let God.

THE RESERVOIR GROUP

SCHEDULE OF MEETINGS

Sunday 5:30 p.m. CD 12x12
Monday 5:30 p.m. CD
Tuesday 5:30 p.m. WCD
Wednesday 5:30 p.m. CD
(1st Wed. Birthday night, OD)
Thursday 5:30 p.m. CD BB
Friday 5:30 p.m. CD
Friday 7:00 p.m. OD
Steps 1-2-3

Meeting abbreviations:

CD= Closed discussion

OD = Open discussion

W = Women's only

BB = Big Book study

12x12 = 12 Steps and 12 Traditions

All meetings are non-smoking.

The Twelve Suggested Steps of
Alcoholics Anonymous

1. We admitted we were powerless over alcohol- that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Anonymity

Members of Alcoholics Anonymous make a point of carrying the message about their own recovery in AA on a person-to-person basis – but never disclose the membership of others. In this way, they may serve as examples of recovery and thus stimulate active alcoholics to seek help. Your attendance at AA meetings is your business and no one is going to say they saw you here or repeat anything they heard you say. Who you see here and what you hear here, stays here.

Anonymity in public media guards the unity of AA members and preserves the attraction of the program for the millions who still need help.

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.

First things first

Get lots of numbers and use the phone.

IS AA FOR YOU?

12 QUESTIONS

1. Have you ever decided to stop drinking for a week or so but lasted for a couple of days?
2. Do you wish people would mind their own business about your drinking – stop telling you what to do?
3. Have you had to have an eye-opener upon awakening during the last year?
4. Have you ever switched from one kind of drink to another in the hope this would keep you from getting drunk?
5. Do you envy people who can drink without getting drunk?
6. Have you had problems connected with drinking during the past year?
7. Has your drinking caused trouble at home?
8. Do you ever try to get “extra drinks at parties because you do not get enough?
9. Do you tell yourself you can stop drinking anytime you want to, even though you keep getting drunk when you don’t mean to?
10. Have you missed work days or school because of drinking?
11. Do you have blackouts?
12. Have you ever felt that your life would be better if you did not drink?

WHAT’S YOUR SCORE?

Did you answer YES four or more times? If so, you are probably in trouble with alcohol. Why do we say this? Because thousands of people in AA have said so for many years. They found out the truth about themselves the hard way.

ONLY YOU CAN DECIDE IF AA IS FOR YOU!

The Reservoir Group Alcoholics Anonymous

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Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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ONE DAY AT A TIME